

Emma Wedell

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EDUCATION

Ph.D.	University of Connecticut (UConn) Storrs, Connecticut Social Psychology Advisor: Kimberly E. Chaney, Ph.D.	Expected May 2025
M.S.	College of William & Mary (W&M) Williamsburg, Virginia Experimental Psychology Master's Thesis: The effects of antiracism education on confrontation of institutional discrimination: A game theory approach Advisors: Adrian J. Bravo, Ph.D. & Cheryl L. Dickter, Ph.D.	May 2021
B.S.	California Polytechnic State University (Cal Poly) San Luis Obispo, California Psychology Senior Project: Internalized stigma and mental health outcomes in San Luis Obispo County LGBTQ+ residents: Results of a needs assessment Senior Project Advisor: Jay Bettergarcia, Ph.D.	June 2018
A.A.	Cuesta College San Luis Obispo, California Psychology Liberal Arts: Social and Behavioral Sciences Liberal Arts: Arts and Humanities	August 2016
A.A.-T.	Psychology	May 2016

ACADEMIC HONORS, AWARDS AND FELLOWSHIPS

UConn College of Liberal Arts and Sciences DEI Fellowship	2021 - 2026
S. Laurie Sanderson Awards for Excellence in Undergraduate Mentoring	2021
<i>Summa cum laude</i> , Cal Poly, San Luis Obispo, California	June 2018
Golden Key International Honour Society	September 2017
President's List at Cal Poly, San Luis Obispo, California	2016 - 2017
Dean's List at Cal Poly, San Luis Obispo, California	Fall 2016, Winter 2017, & Spring 2017
High honors from Cuesta College, San Luis Obispo, California	May 2016

RESEARCH INTERESTS

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- Confrontation of prejudice & discrimination

- Interracial dialogue
- Personality traits & sociopolitical attitudes
- Substance use & other mental health disparities

PEER-REVIEWED PUBLICATIONS

Johnson Holm, A. K., Tuthill, S. D., Klein, N. D., **Wedell, E.**, Looby, A., Bravo, A. J., & Prince, M. A. (in press). When privilege isn't protective: Intersectionality, resilience, and nonmedical prescription stimulant use among college students. *Substance Use and Misuse*.

Wedell, E., Dickter, C. L., & Bravo, A. J. (2022). The effects of antiracism education on intended confrontation of institutional discrimination: A game theory approach. *Journal of Applied Social Psychology* 52(5), 376–390.
<https://doi.org/10.1111/JASP.12865>

Chaney, K. E., & **Wedell, E.** (in press). How lay theories of prejudice shape prejudice confrontations: Examining beliefs about prejudice origins, controllability, and prevalence. *Social and Personality Psychology Compass*, 16(4), e12658.
<https://doi.org/10.1111/spc3.12658>

Herchenroeder, L., Williams, E., **Wedell, E.**, Sorid, S. D., Bakou, A. E., Bravo, A. J., & Hogarth, L. (2022). Mindfulness or merely distraction? A multi-national examination of the effects of brief breath counting training on stress-induced alcohol-seeking behavior. *Experimental and Clinical Psychopharmacology*. Advance online publication.
<https://doi.org/10.1037/pha0000557>

Bravo, A. J., **Wedell, E.**, Villarosa-Hurlocker, M. C., Looby, A., Dickter, C. L., Schepis, T. S., & Stimulant Norms and Prevalence (SNAP) Study Team. (2021). Perceived racial/ethnic discrimination among young adult college students: Prevalence rates and associations with mental health. *Journal of American College Health*. Advance online publication.
<https://doi.org/10.1080/07448481.2021.1954012>

Wedell, E., Tuthill, S. D., Herchenroeder, L., Prince, M. A., Bravo, A. J., & Cross-Cultural Addictions Study Team. (2021). Sexual minority status, affect lability, and suicide ideation: Buffering role of trait mindfulness. *Archives of Suicide Research*. Advance online publication. <https://doi.org/10.1080/13811118.2021.1950587>

Bettergarcia, J., **Wedell, E.**, Shrewsbury, A., & Thomson, B. R. (2021). “There’s a stopgap in the conversation”: LGBTQ+ mental health care and community connection in a semi-rural county. *Journal of Gay and Lesbian Mental Health*, 26(1), 48–75.
<https://doi.org/10.1080/19359705.2021.1900973>

Sorid, S. D., **Wedell, E.**, Herchenroeder, L., & Bravo, A. J. (2021). Anxiety symptoms and alcohol-related problems among college students: A moderated-mediation model of rumination and emotion dysregulation. *Substance Use and Misuse*, 56, 471–478.
<https://doi.org/10.1080/10826084.2021.1879146>

- Wedell, E.,** & Bravo, A. J. (2021). Synergistic and additive effects of social dominance orientation and right-wing authoritarianism on attitudes toward socially stigmatized groups. *Current Psychology*. <https://doi.org/10.1007/s12144-020-01245-7>
- Hackman, C. L., Bettergarcia, J. N., **Wedell, E.,** Simmons, A. (2020). Qualitative exploration of social norm perceptions of sexual assault and associated consequences among LGBTQ+ college students. *Psychology of Sexual Orientation and Gender Diversity, 9*(1) 81–91. <https://doi.org/10.1037/sgd0000457>
- Farber, R., **Wedell, E.,** Herchenroeder, L., Dickter, C. L., Pearson, M. R., & Bravo, A. J. (2020). Microaggressions and psychological health among college students: A moderated mediation model of rumination and social structure beliefs. *Journal of Racial and Ethnic Health Disparities, 8*(1), 245–255. <http://doi.org/10.1007/s40615-020-00778-8>
- Kilwein, T. M., **Wedell, E.** Herchenroeder, L., Bravo, A. J., & Looby, A. (2022). A qualitative examination of college students' perceptions of cannabis: Insights into the normalization of cannabis use across college campuses. *Journal of American College Health, 70*(3), 733–741. <https://doi.org/10.1080/07448481.2020.1762612>

MANUSCRIPTS UNDER REVIEW

- Wedell, E.,** Bettergarcia, J., Thomson, B. R., & Shrewsbury, A. (revise & resubmit). Age moderates the association of community connectedness and psychological distress among LGBTQ+ youth and adults. *Journal of Homosexuality*.
- Bravo, A. J., Yeboah, G. K., **Wedell, E.,** Hetelekides, E., Gutierrez, D., Prince, M. A., & Stimulant Norms and Prevalence (SNAP) Study Team. (under review). Perceptions of self-stigma of substance use disorder among college students: A model of self-stigma, marijuana use motives, and marijuana outcomes. *Addiction Research & Theory*.

POSTERS AND PRESENTATIONS

- Wedell, E.,** & Chaney, K. E. (2023, February). *Flexible, informative, easy-going: A person-centered approach to prejudice confrontation styles*. Poster abstract submitted to the Society for Personality and Social Psychology Annual Convention, Atlanta, GA, USA.
- Yeboah, G. K., **Wedell, E.,** Hetelekides, E., Bravo, A. J., & Stimulant Norms and Prevalence (SNAP) Study Team. (2021, March). *Self-Stigma of substance use disorder and marijuana use: A mediation model of marijuana motives*. Poster presented at the 9th Annual Collaborative Perspectives on Addiction Conference. [virtual meeting].
- Vidal Arenas, V., Herchenroeder, L., **Wedell, E.,** & Bravo, A. J. (2020, November). *Coping motives as a mechanism to understanding the effects from sleep problems to marijuana-related problems*. Poster presented at the 6th International Congress of Clinical and Health Psychology on Children and Adolescents, Elche, Spain.
- Herchenroeder, L., **Wedell, E.,** Bravo, A. J., & Protective Strategies Study Team (2020, June).

College alcohol beliefs and alcohol-related problems: A moderated-mediation model of drinking motives and restricting eating to increase intoxication [Poster session canceled due to COVID-19]. 43rd Annual Research Society on Alcoholism Scientific Conference, New Orleans, Louisiana, USA.

Sorid, S., Herchenroeder, L., **Wedell, E.**, & Bravo, A. J. (2020, June). *Anxiety symptoms and alcohol-related problems among college students: A moderated-mediation model of rumination and emotion dysregulation* [Poster session canceled due to COVID-19]. 43rd Annual Research Society on Alcoholism Scientific Conference, New Orleans, Louisiana USA.

Balbo, C., Bravo, A. J., & **Wedell, E.** (2020, May). *Neuroticism and marijuana consequences: A moderated mediation model of protective behavioral strategies and sexual orientation* [Virtual conference workshop]. Pace Psychology (NYC) Conference.

Webster, K. R., **Wedell, E.**, Pearson, M. R., Bravo, A. J., & Protective Strategies Study Team. (2020, April). *Sexual orientation moderates the role of negative urgency, protective behavioral strategies, and alcohol* [Poster session canceled due to COVID-19]. 8th Annual Collaborative Perspectives on Addiction Conference, San Diego, California, USA.

Wedell, E., & Bravo, A. J. (2019, September). *Social dominance orientation and right-wing authoritarianism: A moderated-mediation model of racial prejudice and identity*. Poster presented at Psychological Sciences Diversity Week Poster Session, William & Mary, Williamsburg, Virginia, USA.

Simmons, A., **Wedell, E. R.**, Renteria, S., Shoriz, K., Hagadorn, E., Rodgers, T., Hackman, C. L., Bettergarcia, J.N. (2019, May). *Qualitative exploration of perceptions sexual assault and associated consequences among LGBTQ+ college students*. Poster presented at 2019 College of Science and Mathematics Annual Student Research Conference, California Polytechnic State University, San Luis Obispo, California, USA.

Wedell, E. R. (2018, June). *Internalized stigma and mental health outcomes in LGBTQ+ San Luis Obispo County residents*. Paper and poster presented at Senior Project Symposium 2018, California Polytechnic State University, San Luis Obispo, California, USA.

Renteria, S., **Wedell, E. R.**, Johnson, N. M., Bettergarcia, J. N., Hackman, C. L. (2018, May). *Investigating sexual violence and associated consequences among different sexual orientations and gender identities*. Poster presented at 2018 College of Science and Mathematics Annual Student Research Conference, California Polytechnic State University, San Luis Obispo, California, USA.

Shrewsbury, A., Arthur, B., **Wedell, E. R.**, Shanley, N. (2018, May). *LGBTQ+ mental health in a rural community: A community-based action research approach*. Talk presented at 43rd Annual Social Science Student Symposium, California State University, Long Beach, California, USA.

TECHNICAL REPORTS

Bettergarcia, J. N., **Wedell, E.**, & Feld, E. (2019). San Luis Obispo County LGBTQ+ mental health needs assessment: Executive report. San Luis Obispo, CA: County of San Luis Obispo Behavioral Health Department.
<https://www.slocounty.ca.gov/getattachment/8eaab913-40f1-45be-b4a9-032cd19c2cbc/SL-O-LGBTQ-Mental-Health-Needs-Assessment-2019.aspx>

REFERENCES IN THE MEDIA

Higher Education Center for Alcohol and Drug Misuse Prevention and Recovery (2020, August). "A Qualitative Examination of College Students' Perceptions of Cannabis: Insights into the Normalization of Cannabis Use on a College Campus"
<https://hecaod.osu.edu/a-qualitative-examination-of-college-students-perceptions-of-cannabis-insights-into-the-normalization-of-cannabis-use-on-a-college-campus/>

RESEARCH EXPERIENCE

Graduate Research Assistant August 2021 - Present
Department of Psychological Sciences at UConn
 Lay Theories of Prejudice Lab—Kimberly E. Chaney, Ph.D.

Graduate Research Assistant August 2019 - May 2021
Department of Psychological Sciences at W&M
 Bravo Lab—Adrian J. Bravo, Ph.D.

Lead Research Assistant October 2018 - August 2019
Department of Kinesiology and Public Health & Department of Psychology and Child Development at Cal Poly, San Luis Obispo, California
 Sexual and Gender Minority Sexual Assault Lab—Christine Hackman, Ph.D. and Jay Bettergarcia, Ph.D.

Lab Manager May 2018 - August 2019
Department of Psychology and Child Development at Cal Poly, San Luis Obispo, California
 Queer Community Action, Research, Education, Support (QCARES) Lab—Jay Bettergarcia, Ph.D.

Research Assistant September 2017 - October 2018
Department of Kinesiology and Public Health & Department of Psychology and Child Development at Cal Poly, San Luis Obispo, California
 Sexual and Gender Minority Sexual Assault Lab—Christine Hackman, Ph.D. and Jay Bettergarcia, Ph.D.

Research Assistant June 2017 - May 2018
Department of Psychology and Child Development at Cal Poly, San Luis Obispo, California
 Queer Community Action, Research, Education, Support (QCARES) Lab—Jay Bettergarcia, Ph.D.

TEACHING EXPERIENCE

Teaching Assistant January - May 2020

Research in Personality at W&M, Williamsburg, Virginia
Instructor of record: Todd Thrash, Ph.D.

Teaching Assistant August - November 2020

Behavior Modification at W&M, Williamsburg, Virginia
Instructor of record: Meghan Quinn, Ph.D.

Teaching Assistant January - May 2020

Behavior Modification at W&M, Williamsburg, Virginia
Instructor of record: Christy Porter, Ph.D.

Teaching Assistant September - December 2019

Research in Personality at W&M, Williamsburg, Virginia
Instructor of record: Adrian J. Bravo, Ph.D.

Facilitator April - June 2018 & April - June 2019

Intergroup Dialogues at Cal Poly, San Luis Obispo, California
Instructor of record: Jennifer Teramoto Pedrotti, Ph.D.

Teaching Assistant January - June 2017 & 2018

Global Race and Ethnic Relations at Cal Poly,
San Luis Obispo, California
Instructor of record: Seth Hannah, Ph.D.

Embedded Tutor January - June 2016

Social Psychology at Cuesta College, San Luis Obispo, California
Instructors of record: Fionnuala Butler, Ph.D. & Katherine Neidhardt Dittmer, M.A.

GRANTS AND RESEARCH FUNDING

Clara Mayo Grant (\$1000) Fall 2021

Society for the Psychological Study of Social Issues

Department of Psychological Sciences Travel Fund (\$500) 2021

UConn

The Office of Graduate Studies and Research & Spring 2020

The Graduate Student Association Conference Funding Grant (\$350)

W&M

Canceled due to COVID-19

SERVICE AND PROFESSIONAL MEMBERSHIP

Professional Society Memberships

Association for Psychological Science	October 2019 - Present
Society for the Psychological Study of Social Issues	October 2021 - Present
Society for Personality and Social Psychology	July 2022 - Present

Ad Hoc Reviewer

Journal of Consulting and Clinical Psychology (co-reviewed with mentor)
Eating Behaviors (co-reviewed with mentor)
International Journal of Intercultural Relations (co-reviewed with mentor)
Journal of Experimental Social Psychology (co-reviewed with mentor)

Graduate Student Member

UConn Psychological Sciences Diversity & Inclusivity Committee

September 2021 - Present

Graduate Student Representative

W&M Psychological Sciences Diversity Committee

March 2020 - May 2021

Tutor

Literacy for Life, Los Osos, California

September 2017 - July 2019

Volunteer

San Luis Obispo Hotline, Transition-Mental Health Association,
San Luis Obispo, California

March 2018 - August 2018

Intern

San Luis Obispo Hotline, Transition-Mental Health Association,
San Luis Obispo, California

May 2017 - March 2018